



OPEN GYM TIMES

MON

05:30-11:30, 13:00-14:00, 16:30-20:00

TUES

05:30-11:30, 13:00-14:00, 16:30-20:00

WEDS

05:30-11:30, 13:00-14:00, 17:00-20:00

THU

05:30-11:30, 17:00-20:00

FRI

05:30-11:30, 13:00-14:00

SAT

07:00-11:00

SUN

08:00-10:15