



WATERGATE STUDIOS

personal training & fitness classes

SEMI PRIVATE PERSONAL TRAINING

MON

10:30

TUES

17:45

19:15

WEDS

10:30

17:45

THURS

10:30

17:15

FRI

10:30

SAT

09:30



ALL sessions are 45-50 minutes

www.watergatestudios.co.uk